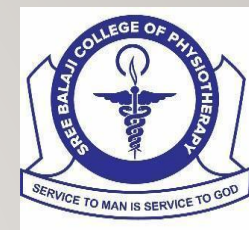


ANNUAL REPORT 2023-2024





**SREE BALAJI COLLEGE OF
PHYSIOTHERAPY
(CONSTITUENT COLLEGE OF
PHYSIOTHERAPY)
BHARATH INSTITUTE OF HIGHER
EDUCATION & RESEARCH**



THE DEAN

DR.S.S.SUBRAMANIAN, M.P.T (ORTHO), M.S (ED), M.PHIL. (ED), PH.D. (PHYSIOTHERAPY)

THE PRINCIPAL,

SREE BALAJI COLLEGE OF PHYSIOTHERAPY, CHENNAI-100

CONSTITUENT TO (BHARATH) UNIVERSITY, BIHER, CHENNAI-73

ABOUT THE SCHOOL

- ❑ Sree Balaji School of Physiotherapy – started in the year 1999 – 2000,
affiliated with the Tamil Nadu Dr.MGR.Medical University till 2005 by Sree
Lakshmi Narayana Educational Trust.
- ❑ 2006-2007 ambit of BIHER as a constituent college.
- ❑ 2024 – Silver Jubilee Year for our College

GENDER

Gender Ratio of Students Female: 80%

Male : 20%

YEAR	BPT	MPT	Ph.D
2019	59	4/15	-
2020	57	9/15	-
2021	65	21/25	-
2022	71	30/30	-
2023	45	31/35	2

STATEMENT ON VISION

VISION:

- Service to mankind as major aim , physiotherapist qualifying from this school with global competency and quality,
- Uphold human values, respect socioeconomic and gender inequalities
- Identify, nourish talents and motivate to emulate as a professional and a human
- Provide scientific teaching and learning with research ambience and an updated knowledge and skill.
- Promote cost effective physiotherapy, skill learning and motivate pupil physiotherapist to serve society,
- Prepare vision plan for growth of the institute for next 3, 5 and 10 years with due human resources, Financial and infrastructural supports to emerge as an institute of international eminence.

MISSION STATEMENT

- Objectives of our vision through framing of curriculum for UG and PG programme to meet demands of society using critical inputs from various stakeholders
- Establish tie up and MOU with hospitals and institutes of specialized facilities for imparting hands on skill training and knowledge with reasoning.
- Plan , execute academic, cocurricular, extracurricular , community health activities to develop human values, confidence and communication skills
- Use of mentorship to guide, Motivate and mould students as an ethical human and a professional.
- Encourage more Research attitude by evidenced learning, publication and develop new products for human benefits.
- Identify ways to increase human resources, infrastructure and research trust areas by preparing road map for the next 3, 5, and 10 years.

ROAD MAP FOR THREE YEARS

- ☐ Establish Research Centre with external funding
- ☐ Prepare research projects with external funding and Tie ups
- ☐ Identify and accelerate on publishing research articles and books with good quality
- ☐ Develop patents and enable Healthcare Services from this Institute Flourish.

ROAD MAPS FOR NEXT FIVE YEARS

- ☐ To generate more revenue for R&D
- ☐ Get a status of Research Institute with focus on geriatrics, obesity, regenerative medicine, diabetes and MSD

ROAD MAP FOR 10 YEARS

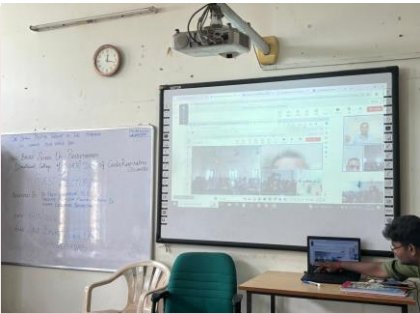
- ☐ To have each faculty with Ph.D
 - ☐ To offer dual degree in collaboration with foreign universities
 - ☐ Enable to do internship in universities of excellence abroad
- 

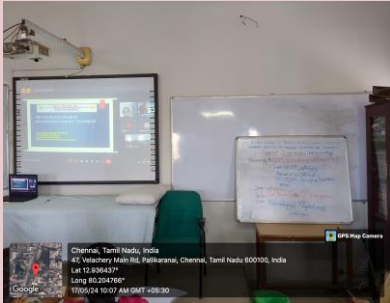
ANNUAL REPORT 2023-2024

GUEST LECTURE

DATE	NAME	PHOTO	TOPIC
22.12.2023	Dr.Chandrasekar.,Ph.d		Exercise Physiology
03.01.2024	Mr.Jagadish Babu Chief Operating Officer, Ekstep Foundation, IISC, Bangalore.		Acedemic achievement
05.02.2024	Dr. ISMAIL SULTHAN		Will to Win

DATE	NAME	PHOTO	TOPIC
28.02.2024	Neo Stand, IIT Madras, Wheel chair Team		Shifting Perspectives
03.04.2024	Mr.Iron Karthikeyan., Chennai		Tamil Nadu Fact Check Unit
06.05.24 & 07.05.24	Dr.M.Chandrasekhar.,Ph.D Founder & Managing Director, SALT		Value Added course
13.05.2024	Dr.Senthil.P., Ph.D. Chettinad School of Physiotherapy, CARE		Chest X-ray Interpretation

DATE	NAME	PHOTO	TOPIC
15.05.2024	Dr. Prem Venkatesan., Ph.D. Associate Prof,Manipal Academy of Higher Education Bangalore.		Respiratory Management in spinal cord injury
15.05.2024	Prof. Alagappan., Ph.D. Associate Professor, Chettinad School of Physiotherapy, CARE. Chennai.		Functional Assessment Training in onfield
16.05.2024	Dr.V. Rajalaxmi., Ph.D. Prof & Vice Principal Dr.MGR Educational Research Institute.		Research Methodology Types of study Design

DATE	NAME	PHOTO	TOPIC
17.05.2024	Dr.V. Rajalaxmi., Ph.D. Prof & Vice Principal Dr.MGR Educational & Research Institute.		Neurological Physiotherapy Techniques
17.05.2024	Prof. Hari Haran., MPT Alwas Physiotherapy College, Bangalore		Combat Sports Training
13.06.2024	Dr.K.Prabhu Associate Professor ,Department Of Anatomy Sree Balaji Medical College And Hospital		INNOVATION AND ITS SIGNIFICANCE IN HEALTHCARE

DATE	NAME	PHOTO	TOPIC
14.06.2024	Dr.Prathap Suganthira Babu.,MPT,Ph.D. Principal Saveetha University (SIMATS)		Recent Trends In Physiotherapy For Chronic Stroke
17.07.2024	Dr.S.S.Subramanian.,Ph.D. The Dean & Principal, Sree Balaji College of Physiotherapy		Ways to Integrate Evidences Research into Clinical practice
11.07.2024	Rtn.Veenavani Nallepalli, Consultant Homoeopath, Counselling Psychologist and Wellness consultant, AICTE certified POSH Trainer.		Gender Sensitization
16.08.2024	Mr. R.A.Ibrahim Jamjami.B.sc (Psy)., Soft skill trainer.		Motivation

CONFERENCE

NATIONAL / INTERNATIONAL CONFERENCES CONDUCTED, PARTICIPATED AND PRESENTATION BY FACULTY AND STUDENTS.

Date	Topic	National / International Conferences	Resource Person	Attended & Presented
27.01.2024 & 28.01.2024	INTERNATIONAL PHYSIOTHERAPY COLLOQUIUM 2023	International conference		Faculty and Students Participation
28.02. 2204	COMPREHENSIVE CHEST X-RAY INTERPRETATION OF PHYSIOTHERAPIST			Faculty and Students Participation

Date	Topic	National / International Conferences	Resource Person	Attended & Presented
12.05.2023	CHET PHYSIO CON	INTERNATIONAL CONFERENCE		Faculty and Students Participated and Presented
04.08.2023	RESEARCH IN ORTHOPAEDIC PHYSIOTHERAPY WAYS TO IMPLEMENT – ROAD MAP FOR INDIAN PHYSIOTHERAPY WITH GLOBAL COMPETANCY (SBCPAS CO ORGANISER)	3rd International Physiotherapy IPCON CONFERENCE		Dr.S.S.Subramanian

WORKSHOP 2023-2024



Date	Topic	National / International WORKSHOP	Resource Person	Attended & Presented
09.01.2024 & 10.01.2024	“TRIGGER POINT THERAPY FOR MYOFASCIAL PAIN LEVEL-1	HANDS ON WORKSHOP (ORGANISED)		Dr. Suresh Franklin, Founder & Director Synergy Physio care & Rehab Center
08.02.2024	BASIC RESEARCH METHODOLOGY	ONE DAY WORKSHOP		Dr. Joshua Chadwick., ICMR
21.03.2024	“ACCUPUNCTURE: BASICS & APPLICATIONS	HANDS ON WORKSHOP (ORGANISED)		Dr. M. Muthu Kumar.,Ph.D., Professor

Date	Topic	National / International Conferences	Resource Person	Attended & Presented
13.08.2024 & 14.08.2024	“TWO DAYS INTERNATIONAL WORKSHOP ON VESTIBULAR REHABILITATION THERAPY”	INTERNATIONAL WORKSHOP		Dr.Saravannan Choc lingam.,PT,DPT An experienced international speaker & Clinician vestibular Rehabilitation



CULTURALS



COMMUNAL HARMONY CELEBRATION ON 12.01.2024

Pongal Christmas and Ramadan celebration on 12/01/2024

On 12/01/2024 cultural was conducted in Sree Balaji College of physiotherapy.

Agenda:

- ❑ DANCE COMPETITION
- ❑ SINGING COMPETITION
- ❑ ESSAY COMPETITION
- ❑ PATTIMANRAM





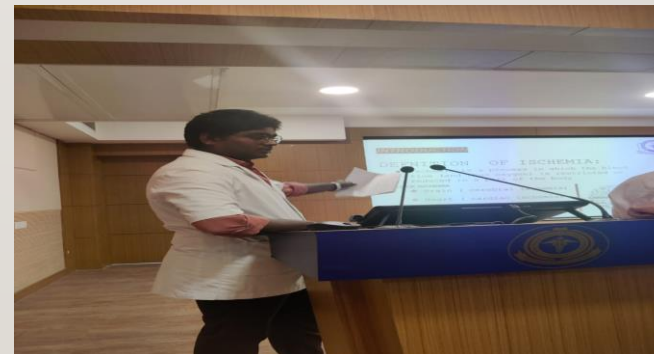
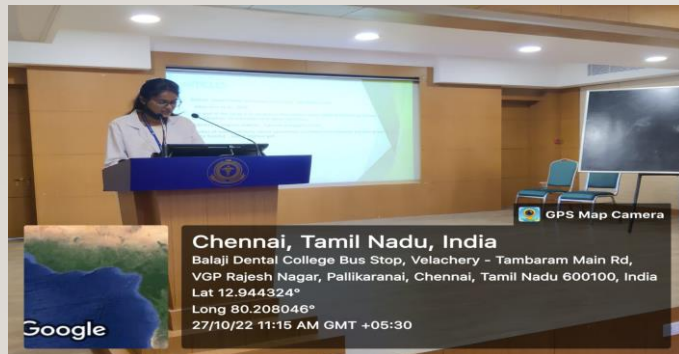
CO-CURRICULAR ACTIVITIES



JOURNAL CLUB

- MPT I YEAR

S.No	Topics	Students Name	Date
1	Biomarkers in Cardiovascular patients	1. K. kamalee 2. K.L. Shanthi	Nov 03,2023
2	STEM CELLS THERAPY	1. J.Sri Devi 2. Aishwarya	Nov 03,2023
3	GENETICS IN PHYSIOTHERAPY	1. P.KEERTHANA 2. NIVETHA.M	Nov 03,2023



CASE DISCUSSION ON 23.01.2024



CAREER GUIDELINES AND RECRUITMENT

**5 Organisations
Participated**

10/58 Students

**60% Continuing their
Higher Education**

**50% to our Alumni in
MPT**



STUDENT COUNCIL MEETING



TECHNOMED

TECHNOMED 19.12.2023, Field Exposure on Manufacturing

Assembling, Unit of Techno med by Staff & Students of III Year



EXTRA CURRICULAR ACTIVITIES



BLOOD DONATION

Voluntary Blood Donation Camp on 20.04.2024 in college with Indian Red Cross society Assistance 60 were screened and 30 units of blood was donated



COMMUNITY CAMP

DATE	PHOTOS	FACULTY MEMBERS
06.11.2023		<i>Community Camp 06.11.2022, where 3 faculty, 20 students of this college have 150 screened, collected Research Data and 60 patients were treated with physiotherapy in Nadupazahni near, Achirapakkam, Kanchipuram District.</i>
06.12.2023		

COMMUNITY CAMP

DATE	PHOTOS	FACULTY MEMBERS
08.01.2024		<i>Community Camp 06.11.2022, where 3 faculty, 20 students of this college have 150 screened, collected Research Data and 60 patients were treated with physiotherapy in Nadupazahni near, Achirapakkam, Kanchipuram District.</i>
17.04.2024		

TIE UP INSTITUTION LISTS, CLINICAL AND INTERNSHIP POSTINGS

1.SGS TRUST

2.PAIN & STROKE

3.AAROGREEN PHYSIOTHERAPY AND FITNESS SOLUTIONS

4.SALT JOURNAL

5.SYNERGY

6.PHYSIOCARE

7.FITNESSONE

8.MGM HOSPITALS

9.ADYAR CANCER INSTITUTE

10.GARDEN CITY UNIVERSITY

11.MANUSZEAL HEALTHCARE ACADEMY

12.JOGO BIOFEEDBACK CLINIC

13.SREE BALAJI MEDICAL COLLEGE AND HOSPITAL

14.KAUVERY HOSPITAL



CLINICAL TRAINING



RESEARCH PAPERS AND POSTERS - PRESENTED IN NATIONAL CONFERENCES PRIZES

S.No	Name of the Conference	Name of the Presenter	Prize Won	UG /PG	No of Participants in the Conference	Papers/ Posters Presented
1	National Conference on Recent Research Trends in Healthcare with Evidence (SREE BALAJI SCHOOL OF PHYSIOTHERAPY AS CO ORGANISERS)	Nivedhitha	I	UG	22	e-PAPER
		Akila	II	PG		
		Dharshini. V & Anusuya. A	II	UG		
		S.Nethra & Amirtha Krishna Swetha. S	III	UG		
					43	e-POSTER

2	CHETPHYSIOCON -2022	Ms. Akila. V	I	PG	18	PAPER
3	IHCON - (SREE BALAJI SCHOOL OF PHYSIOTHERAPY AS ACADEMIC PARTNER)	Ms. Saranya & Ms. Swarangi	I	UG		E - PAPER
		Ms. Ashvitha Ms. Sadhana	I	UG		E - POSTER

SPORTS ACTIVITIES

1	CHETPHSIOCON – 2022	Dhanush. S	800m	II nd prize
2	CHETPHSIOCON – 2023	Darshika. A	800m	III nd prize
3	SGS Trust	Kavithai		I ST Prize



AWARDED RESEARCH SCHOLAR

S.No	TITLE OF THE PAPER	SCHOLAR NAME	NAME OF THE CONFERENCE	PRIZES WON
1	PATIENT CENTRIC THERAPY IN BALANCE DISORDERS WITH HYBRID MODE – A SYSTEMATIC REVIEW	Mrs.R.Priya (D23PT501)	SREE RAMACHANDRA INTERNATIONAL PHYSIOTHERAPY COLLOQUIM 2023	SECOND PLACE
2	HOW FAR & HOW MUCH FALLS CAN BE PREVENTED AMONG GERIATRIC USING MOTOR CONTROL PHYSIOTHERAPY - A SYSTEMATIC REVIEW ANALYSIS	Ms.Suganthi.S (D23PT001)	CHETPHYSIOCON 2024 (INTERNATIONAL PHYSIOTHERAPY CONFERENCE)	SECOND PLACE

FACULTY DEVELOPMENT PROGRAMME



NAME OF THE SPEAKER	CONDUCTED AT	MONTH AND DATE	ORGANIZED BY	TOPIC
S.S. Subramanian	SCIENTEX DUBAI, UAE	2022	2 ND Annual Conference Orthopaedic	THERAPEUTIC TARGET ON CAUSES NOT SYMPTOMS – AN EVIDENCED PERSPECTIVE
S.S. Subramanian	Vels College of Physiotherapy, VISTAS	2022	Faculty Development Program	WAYS AND MEANS OF SUSTAINED, PROFESSIONAL, PERSONAL AND PRODUCTIVE DEVELOPMENT AS A PHYSIO FACULTY
S.S.Subramanian	Sree Balaji Dental College and Hospital, Chrompet	2023	CONFERENCE	NEUROLOGICAL WELLNESS WITH PHYSICAL EXERCISES – AN EVIDENCED PERSPECTIVE
S.S.Subramanian	7 th Youth Health Mela - 2024	2024	Awareness Programme	HELATHY LIFESTYLE IN CANCER PREVENTION
S.S.Subramanian	Prestige Bella Community day Celebration	2024	Awareness Programme	LIFESTYLE AWARENESS



PARENTS TEACHERS MEETING



4 MODEL EXAMS PER YEAR



STUDENT COUNCIL ELECTION – 2023

OBJECTIVES:

FUNCTIONING WITH AN AIM OF DEMOCRATIC PRINCIPLES,
INCULCATE VALUES OF HUMAN EXPRESSION, NEEDS HOW TO PROCEED
IN REAL AND PROFESSIONAL LIFE.



TEACHERS DAY



STAFF BIRTHDAY CELEBRATION



RESEARCH ACTIVITIES



**SCIENTIFIC ADVANCED
LEARNING TECHNOLOGIES -
SALT JOURNAL**

**JOURNAL BY COLLEGE -30
PUBLISHED**

ISSN OBTAINED

**WEB OF SCIENCE AND UGC CARE
APPLIED**

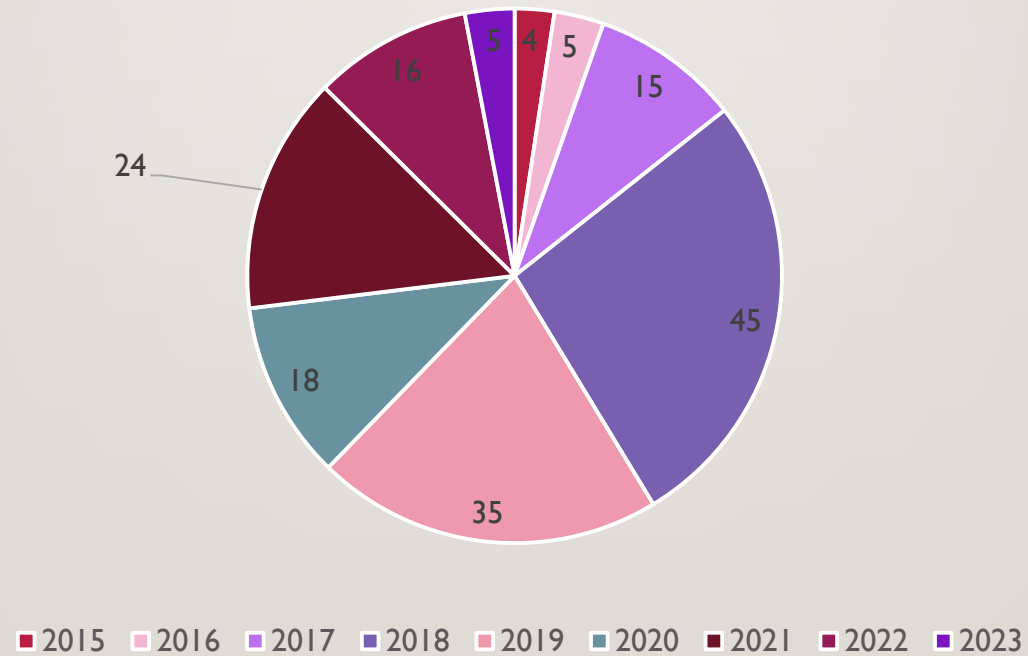
RESEARCH DAY PRESENTATION

YEAR	Topics	Students Name	Date
I	Orifice of articular surfaces on arthroplasty knee	1. B.Abinya 2. Amirtha s	16. 11.2023
II	Kegel exercise	1. A R Akash Kumar 2. R Akash	16. 11.2023
III	Types of training	1. Gnana Vishnu 2. Dinesh 3. Divyadharshini	Oct 11, 12 -2023
IV	Exercises for acute LBP	1.Sapreen 2. Shalini 3. Sangame	Oct 11, 12 -2023



RESEARCH PUBLICATIONS STATISTICS

NUMBER OF JOURNALS /BOOKS



RESEARCH PUBLICATIONS BY FACULTY OF THIS COLLEGE DURING JULY 2022- 15TH JUNE

~~2023~~

Topic	Name of the Journal	Month and Date	Volume	ISSN No.	Indexed
PHYSIOTHERAPY IN POST EXCISION AND CURETTAGE OF DISTAL FEMORAL GIANT CELL TUMOUR–EVIDENCE BASED CASE STUDY	SALT JOURNAL OF SCIENTIFIC RESEARCH IN HEALTHCARE	Nov 2022	Vol 2, Issue 2, Page No. 24-29	ISSN 2583-3936 (Online)	ESJI, International Scientific Indexing
CAN CLINICAL EVALUATION BY PHYSIOTHERAPIST FORMS EARLY DETECTION OF BREAST CARCINOMA?	SALT JOURNAL OF SCIENTIFIC RESEARCH IN HEALTHCARE	Nov 2022	Vol 2, Issue 2, Page No. 16-19	ISSN 2583-3936 (Online)	ESJI, International Scientific Indexing
PSYCHOSOCIAL LINK WITH BREAST CANCER AND EXERCISE POST MASTECTOMY– HORMONE REPLACEMENT THERAPY	SALT JOURNAL OF SCIENTIFIC RESEARCH IN HEALTHCARE	Nov 2022	Vol 2, Issue 2, Page No. 20-23	ISSN 2583-3936 (Online)	ESJI, International Scientific Indexing

Applied for Publications	10
Applied for Process	7
Completed ISBN Books	8
Completed ISBN in the process	6
Pilot Project in School, Government of Tamil Nadu	December 2023

PATENTS

PUBLICATION DATE	ISSUE NO	APPLICATION NO	TITLE
22/12/2023	51/2023	202341079762 A	REVOLUTIONIZING CANCER TREATMENT: A NOVEL APPROACH USIN BIOSYNTHESIZED
23/02/2024	08/2024	202411011238 A	INCORPORATING AI: THE ROLE OF CHATGPT IN NURSING AND HEALTH EDUCATION

KEY POINTS - FUTURE

- All I year B.P.T have enrolled in SWAYAM courses written their exams in October 2023, M.P.T I year from 2023 Batch to enrol.
- M.P.T students to enrol in CTRX and Institutional ethical committee (Twice).
- Research Day for each students active participation from I B.P.T to II M.P.T, prizes, certificates.
- CBC system from 2022.
- Higher Education Assistance for Licence and studies.
- Tuition fees from (2014) Rs.40,000/- to 1.5 Lakhs (2023) from B.P.T – M.P.T (2019)-50,000 to 1,00,000/- (2023).

- Entrance conducted for M.P.T admission 75 Applications for 30 seats.
 - 2009 – 2013 Nil Admission.
-

YEAR	BPT	MPT	Ph.D
2019	59	4/15	-
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2021	65	21/25	-
2022	71	30/30	-
2023	45	31/35	2

STRENGTH WEAKNESS OPPORTUNITY THREAT - (SWOT)

- S – Support Freedom for Work by University
- W – Inadequate infra Structure
- O – Shall promote an Institute of Global excellence
- T - Challenges includes swings in Admission, lack of council related regulations.



THANK YOU!